

# NWISA DISTRICT HIGH SCHOOL DOUBLEHANDED CHAMPIONSHIP

To Be Held At

Four winds Camp Orcas Island, WA

Hosted By

NWISA, Sail Orcas & The Orcas High School Sailing Team

## April 18 & 19, 2009

### NOTICE OF RACE

#### 1. RULES

1.1 The regatta will be governed by the 2009-2012 ISAF Racing Rules, the prescriptions of US SAILING, this Notice of Race, the 2009-2012 ISSA Procedural Rules, and by the Sailing Instructions.

#### 2. ELIGIBILITY

2.1 A team shall be comprised of a minimum of 4 and a maximum of 8 sailors who are full time students in the 9<sup>th</sup> grade or higher, attending the same high school. A responsible adult leader must accompany teams. There are no numerical or age restrictions on JV competitors.

#### 4. ENTRY AND COMMUNICATIONS

4.1 Eligible schools shall email Burke Thomas their intent to participate no later than 4/10/09

4.2 Current ISSA and NWISA membership will be verified at the time of final registration at the regatta site.

4.3 Teams unable to compete shall notify the Regatta Chairperson as soon as possible.

#### 5. ENTRY FEE

5.1 The entry fee is \$35 per team.

#### 6. BOATS

6.1 Vanguard 15's are provided.

6.2 Junior Varsity racing boats will be announced upon allocation of boats for varsity teams.

#### 7. BOAT DAMAGE DEPOSIT

7.1 A refundable boat-damage deposit of \$150 shall be submitted with each entry. In the event that damage to a boat cannot be attributed to a particular team, the repair cost will be divided evenly between all the teams competing.

#### 8. SCHEDULE

##### Friday, April 17

1200 - 1700 Registration at Camp Four Winds Hall. Teams must register and sign up in advance to get a boat for practice. Boats will be made available on a first come, first served basis. There will be a practice session, from 1200 -1600. A maximum of two boats per team may practice. At 1600 there will be a series of practice races. All competitors are encouraged to participate.

### Saturday, April 18

0800 Last minute registration

0900 Skipper's meeting

0930 Rigging of Boats

1030 First Warning. Racing will continue throughout the day.

Eat during boat rotation - no lunch break.

Racing will continue until late, weather permitting.

Dinner will be served after boats are de-rigged.

### Sunday, April 19

0830 Rigging of Boats.

0930 First Warning. Racing will continue throughout the day.

Eat during boat rotation - no lunch break.

1430 No race will be started after this time, except for tie-breakers (see paragraph 6.3).

1600 Awards presentation.

Changes to schedule will be posted on the Notice Board.

### 9. RACING AREA

9.1 The racing area will be the waters of West Sound.

9.2 Team members, coaches and spectators will be able to watch the racing from spectator boat moored to the rotation float. Rotations will be conducted on the float anchored in West Sound.

### 10. COURSES

10.1 Based on weather conditions, the Race Committee will determine the courses. Short collegiate style courses will be used.

### 11. FORMAT

11.1 The format will consist of two races in A Division, followed by boat rotation, and two races in B Division.

### 12. SCORING

12.1 The regatta will be scored using ISSA Procedural rules.

### 13. LODGING

13.1 Lodging is available at Camp Four Winds Friday and Saturday evenings. Shower houses and restrooms are available nearby. Advance reservations for lodging will be made on a first come first serve basis.

Rustic Cabins (14 available) accommodate 7 people in bunk beds and cots. There is no electricity. They can be heated by the wood burning fireplaces. (\$140.00/weekend)

Walled Tents (3 available) accommodate 7 people in bunk beds and cots. There is no electricity or heat. (\$90.00/weekend)

The Lower Mountain Thyme residence (1 available) accommodates 9 people in bunk beds and cots in one large dormitory style bedroom. Living area has wood burning stove, full bath room and electric heat. (\$225.00/weekend)

The Upper Mountain Thyme apartment (1 available) accommodates 4 people in twin beds in one bedroom and 2 people in a queen bed in the other bedroom. The living area has a wood burning fireplace, full kitchen, full bath and electric heat. (\$250.00/weekend)

The Health House residence (1 available) accommodates 6 people in bunk beds in one bedroom and 2 people in a double bed in the other bedroom. There is a full bathroom and electric heat. (\$230.00/weekend)

#### 14. FOOD

14.1 Meal tickets include, Friday & Saturday dinners, breakfast and lunch on Saturday and Sunday. (\$35./weekend)

#### 15. COACHING

15.1 Unless it is with the permission of the Race Committee, team leaders, coaches and other support personnel shall not go afloat in the racing area other than at the rotation float, spectator boat or water taxi transiting from rotation float to Four Winds Camp on April 18<sup>th</sup> and 19<sup>th</sup>.

15.2 Competitors may receive coaching including instructions, assistance, equipment or sustenance only while on the designated rotation float or on shore.

#### 16. PRIZES

16.1 Prizes will be awarded to the schools, skippers and crews of the teams placing first, second, and third.

#### 17. REGATTA SHIRTS

NWISA Doublehanded District shirts are available for purchase during the regatta.

#### 18. OFFICIAL NOTICE FOR ALL PARTICIPANTS

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. An alleged breach of this rule and/or other disciplinary matters that occur on April 17, 18 or 19, 2009 may be the basis for a hearing under rule 69.1. The protest committee for such a hearing will be the Regatta Chairperson, a member of the NWISA Board of Directors and the chairperson of the protest committee.

#### 19. REGATTA CONTACT

Burke Thomas

Phone: 360 376-2926

Email: Orcassailingcoach@gmail.com

#### ADDITIONAL INFORMATION

Because of the need to travel to Orcas by ferry, it is suggested that your school make reservations for the Anacortes – Orcas run.

Directions to Camp Four Winds @ <http://fourwindscamp.org/location/>