

Dear Parents and Sailors,

Welcome to the 2010 season! Here's some information you need to know as a team member.

1. Practices will be held 3-6 pm Mondays & Tuesdays, 1:30 – 5:30pm Thursdays. We will start promptly with instructions for the practice. (If the weather does not permit practicing on the water, we will still meet.) If you will not be at practice or you will be late, please notify Coach Kathy via facebook, e-mail pktcozimek@yahoo.com, phone 698-0587, or text 360-265-1494. Unexcused absences disrupt the boat assignments for practice and are strongly discouraged. Chronic unexcused absences may result in being removed from the team.

2. While we like to encourage as many students as possible to participate in sailing, our primary purpose as a team is to learn about and compete in sailboat racing. Therefore, attendance at weekend regattas is strongly encouraged. Sailors who participate in regattas will likely receive more coaching attention and more time in the boats during practice than those who do not. Sailors who wish to participate in District competitions must attend at least 50% of the regatta race days prior to those competitions (4 days before double-hands and 6 days before team racing). Recreational sailing programs are provided during the summer for those who are not interested in racing.

3. Please complete the attached form indicating your intention to attend specific regattas and your availability to provide transportation for sailors to those regattas. **Sailors must bring this completed form to practice before they will be allowed to sail.**

4. There will be a special "practice" Wed Feb 24 from 3:00-4:30 to get the boats ready for the season (sailing gear not required). We look forward to a great season of sailing! Feel free to contact us with any questions you have that are not answered on our web site kitsapsailingrowing.org or the school Moodle site.

Your Coaches,

Steve & Sheila Trunkey strunkey.sail@comcast.net

Kathy & Pete Ozimek pktcozimek@yahoo.com

Steve Robinson c_s_robinson@q.com

Chris Rich & Matt Hebard

Sailor's Name _____

Date(s)	Regatta	Location	Yes/No/%*	# of Sailors you could transport (including yourself)
Mar 6	Kick-Off Regatta	Seattle Yacht Club		
Mar-13	Open Regatta	Sail Sand Point (Lake Washington)		
Mar-20	Open Regatta	Western WA U, Lake Whatcom		
Mar-27/28	Island Cup Regatta	Orcas Island		
Apr-10/11	Dogfish Bay Regatta	North Kitsap, Liberty Bay		
Apr-17	Open Regatta	Bainbridge, Eagle Harbor		
Apr-24/25	DoubleHanded Districts	Central Kitsap, Silverdale		
May-1	Team Race Clinic	TBD		
May-8	Open Regatta	Port Townsend		
May-15/16	Team Race Districts	Sail Sand Point (Lake Washington)		
May 29	Kitsap Harbor Fest	Bremerton		

* If you are undecided about attending a regatta, please give us a % likelihood that you will attend.

June 4: Tentative date for end-of-season party

Additional Note: Our team will be hosting the District Doublehanded regatta on April 24-25. The coaches will be very busy organizing the racing and coaching, so parental support would be greatly appreciated that weekend. Please circle below the tasks with which you would be willing to assist:

- | | |
|---|----------------------------|
| Registration | Boat launching/dock master |
| T-Shirt Sales | Posting scores |
| Food Planning/preparation | Photography |
| Parks/Maintenance Liaison | |
| On-the-water assistance with safety boat/race committee | |

Parent Name(s) _____

Contact Phone: _____ E-mail: _____